



DiSC Communication - Cheat Sheet

This quick-reference guide will help you adapt your communication style based on the DiSC personality types.

Use these tips to improve understanding, reduce conflict, and enhance collaboration within your team.

D Style – Dominance

- Be direct and to the point.
- Focus on results and objectives.
- Avoid small talk—stick to business.
- Give them options and let them decide.

i Style – Influence

- Be enthusiastic and friendly.
- Show appreciation and recognition.
- Encourage collaboration and interaction.
- Avoid too much detail—focus on the big picture.

S Style – Steadiness

- Be patient and warm.
- Explain things clearly and calmly.
- Give them time to adjust to change.
- Show how decisions will benefit the team.

C Style – Conscientiousness

- Be precise and factual.
- Provide data and evidence.
- Give them time to think things through.
- Avoid pushing for quick decisions.

Remember: Adapting your communication style shows respect for others' preferences and strengthens team relationships.

Want more tools to build stronger team communication?

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